

St. George 2023 Sample Schedule

TUESDAY

| | Studio | Studio | Studio | Studio | Studio | Studio |
|----------|-------------------------|-------------------------|-------------------------|-------------------------|---------------------------|--------|
| 8:30 AM | | | | | | |
| 8:45 AM | | | | | | |
| 9:00 AM | | | | | | |
| 9:15 AM | | | | | | |
| 9:30 AM | | | | | | |
| 9:45 AM | | | | | | |
| 10:00 AM | 10:00-12:00 | 10:00-12:00 | 10:00-12:00 | 10:00-12:00 | 10:00-12:00 | |
| 10:15 AM | Ballet Technique | Ballet Technique | Ballet Technique | Ballet Technique | Ballet Technique | |
| 10:30 AM | | | | | | |
| 10:45 AM | | | | | | |
| 11:00 AM | | | | | | |
| 11:15 AM | | | | | | |
| 11:30 AM | | | | | | |
| 11:45 AM | | | | | | |
| 12:00 PM | TBD | TBD | TBD | TBD | TBD | |
| 12:15 PM | 12:15-1:15 | 12:15-1:15 | 12:15-1:15 | 12:15-1:15 | 12:15-1:15 | |
| 12:30 PM | | | | Women LUNCH | | |
| 12:45 PM | LUNCH | LUNCH | LUNCH | 12:15-1:15 | LUNCH | |
| 1:00 PM | | | | Men's Class | TBD | |
| | | | | TBD | | |
| 1:15 PM | 1:15-2:20 | 1:15-2:20 | 1:15-2:20 | 1:15-2:20 | 1:15-2:20 | |
| 1:30 PM | | | | | | |
| 1:45 PM | Contemporary | Pointe | Character | Women Pointe | Pointe | |
| 2:00 PM | | | | Men LUNCH | | |
| 2:15 PM | | | | | | |
| 2:20 PM | TBD | TBD | TBD | TBD | TBD | |
| 2:30 PM | 2:30-3:30 | 2:30-3:30 | 2:30-3:30 | 2:30-3:30 | 2:30-3:30 | |
| 2:45 PM | | | | | | |
| 3:00 PM | Pointe | Don Q Rehearsal | Pointe | Character | Variations - Don Q | |
| 3:15 PM | | | | | Dulcinea | |
| 3:20 PM | TBD | TBD | TBD | TBD | TBD | |
| 3:30 PM | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | 3:30-4:30 | |
| 3:45 PM | | | | | | |
| 4:00 PM | Don Q Rehearsal | Jazz | Don Q Rehearsal | Don Q Rehearsal | Character | |
| 4:15 PM | | | | | | |
| 4:30 PM | TBD | TBD | TBD | TBD | TBD | |
| 4:45 PM | | | | | | |
| 5:00 PM | | | | | | |
| 5:15 PM | | | | | | |