

#### Frederick Quinney Lawson Ballet West Academy October 6, 2023

# **"BALLET FOR DUMMIES"**

Not only is Evelyn Cisneros-Legate our Ballet West Academy Director and a former Principal Dancer with San Fransisco Ballet, but she also wrote the book on ballet, literally!

When Mrs. Cisneros-Legate retired from dancing in May of 1999 she wanted to work in community engagement and outreach. "I had a real sense of urgency to pass on the art form in America to others who may not know about it... It's important to work with our youth to let them know how wonderful it is."

While Mrs. Cisneros-Legate was working with the San Francisco Ballet for Dance Education, she collaborated with Scott Speck – a music conductor for San Fransisco Ballet. Together they co-wrote "Ballet for Dummies" which celebrates its 20<sup>th</sup> Anniversary this year!

Evelyn still uses the book as a reference when she is teaching Level Ones and Twos up in Park City. "It is a good reference book, even for people who know the industry well."

To hear more about the writing process read here. Happy Anniversary Mrs. Evelyn!



## "BOO! AT THE BALLET"

We are thrilled to announce our latest initiative: the "Curtains Up" Fundraising series. As a non-profit, we've proudly supported over 100 students with scholarships and financial aid, granting and astonishing \$250,000 this year alone! But our mission doesn't stop here.

Join us for our inaugural event, "Boo! At the Ballet," which will be held October 28, from 4:30-7:30 at Ballet Centre. Here enchanting dance performances, thrilling games, treats, and prizes await! All ages welcome and costumes are encouraged! It will be a howling good time!

Your ongoing support means the world to us. Together, let's keep the curtains rising for the bright starts of Ballet West Academy!

#### **MASTER CLASS**



We are so excited to announce our next master class in the series! Jessica Holker will be joining us on October 13<sup>th</sup> for a contemporary master class for ages 13-22. Jessica began training in Minnesota at age 3, and moved to Utah as a young girl where she continued to train in jazz, ballet, tap and hip hop. She has trained with many well-known instructors from around the world. Jessica has performed in the 2002 Olympics, on T.V. with Disney productions, and for music awards. She has performed on stage with the Radio City Christmas Spectacular, Disney, and in Las Vegas with Celine Dion. We are excited to have her and hope you will join us for the master class! Follow the registration tab

on the academy website to sign up! The cost is \$35 per student. Bring a friend!

## **NUTCRACKER MAGIC**



Join character from the Nutcracker for a magical Children's Gala at The Grand America Hotel. While you're there, enjoy delicious high tea fare, learn iconic dances from the ballet, meet some special guests; then have your picture taken to capture the magic of the moment forever! This wonderful event takes place one day only, December 21, at 11:00am and 4:00pm.

Purchase tickets here.

### **UPCOMING EVENTS AND PERFORMANCES**

- Jessica Holker Master Class October 13, 5 6:30 at Ballet Centre.
- Fall Break Ballet Centre, Trolley Corners October 12 15, no classes.
- Fall Break Park City, Utah County October 19 22, no classes.
- Ballet West Performs Dracula October 20-28 at the Capitol Theatre. Tickets here.
  - **Boo!** At the Ballet October 28, 4:30 6:30 at Ballet Centre all campuses invited.
- Halloween October 31, NO CLASSES ALL CAMPUSES!
- Ballet West Performs Firebird, Stars and Stripes, and Fever Dream November 3-11 at the Capitol Theatre. <u>Click to purchase tickets.</u>
- Nutcracker Magic December 21, 11:00 and 4:00 at Grand America Hotel.